

Spring Run to the Top of Sněžka



24th May 2014

Dear sports enthusiasts,

We would like to invite you to the second year of a bit unconventional project combining sports and charity, which will take place on 24th May 2014. The patron of the project is the paralympian Michal Stark and the funds are raised by the ANO, ANO civic association. Below you may find brief information about this event as well as the instructions how to sign up. All relevant information is available on www.behejsnami.cz.

Key facts:

- 2 categories will be open: **runners and hikers**
 - The **running** or **hiking** itself, will take place **on saturday** between **10 AM and 4 PM**, following by the **award ceremony** and a **handover of the symbolic check** for the collected amount of money in **Výrovka chalet at 6 PM**
 - **each** duly registered **participant** will get a **starting number** and **commemorative silicone bracelet** from organizers. On top of that **runners** will obtain a **packet** with **special nutrition for athletes** and three fastest of them will be awarded with symbolic prices
 - within the **running** category you may choose between two routes – **19 km** and **26 km**, both will start from the **pension Kamenný Mlýn in Strážné** (see the map attached – routes colored blue and black)
 - **the hikers** will start from **Hnědý vrch chair lift station** in **Pec pod Sněžkou**, from where the **14 km** route will go through the **Lesní bouda chalet** and cross the **Chalupa na Rozcestí chalet**, where it will gradually join both running routes. So hikers will be able to watch and support runners' performance (see the map attached – route colored red)
 - time will be measured just for runners and will be calculated as a difference between the finish standard time and the start standard time with minute precision
 - organizers will provide **runners** with **refreshments** (four refreshment stations along the route and one station at the finish – see the circled spots on the map attached) like **fruit (oranges, bananas, apples)**, **isotonic drinks** and **water**; hikers will arrange refreshment themselves
 - **limited** amount of participants: maximum of **70 runners** and **250 hikers**
 - **the whole amount of the entry fee collected from participants will be donated to the organizers of a summer sports camp for young enthusiastic athletes from children's homes, foster and socially weak families**; the entry fee collection is done by the ANO, ANO civic association through their official public collection account
- Entry fee:** **minimum CZK 300 for runners**
 minimum CZK 100 for hikers (not applicable to children under 15 years)



You can sign up through the **registration** form on our web site www.behejsnami.cz using the **password: detskysen**

We look forward to seeing you.

Dan Šnajdr: dan@behejsnami.cz and Vláďa Vojtíšek: vlada@behejsnami.cz

Organizers of this event





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